



PLAYER CODE OF CONDUCT

I the undersigned understand and agree to the following terms and conditions:

La Mesa Highlanders take all violations of the Player Code of Conduct seriously. Any participant who fails to uphold the expectations of sportsmanship, teamwork, and respect may be subject to disciplinary action. Consequences for misconduct will be determined on a case-by-case basis and may involve intervention by the coaching staff, the Football or Cheer Director, or the Board of Directors.

Repeated or severe violations may result in suspension or removal from the team without refund. La Mesa Highlanders are committed to fostering a positive and disciplined environment, and we expect all players to represent the organization with integrity and respect.

- Lying
- Cheating
- Stealing
- Use of profanity
- Poor sportsmanship
- Any behavior that would risk the safety of your teammates
- Fighting Bullying of any kind
- Abuse of player's safety equipment
- Disrespectful behavior (including crude, profane, or sexually suggestive comments or gestures)
- Repeated failure to follow direction from coaches
- Suspension from school
- Use of alcohol, drugs, tobacco, or vaping products
- Criminal acts
- Failure to show up for practice or games

La Mesa Highlanders Pop Warner Code of Conduct Commitment I will:

Remember that I am engaged in an athletic sport and will support my team and will conduct myself in a way that presents a positive image for the La Mesa Highlanders and myself on and off the field. I will respect referees, opponents and coaches at all times. I will encourage my teammates in a positive way, regardless of circumstances or ability. No form of bullying will be tolerated by me or towards me. I understand that if I fail to abide by these codes of conduct, I will be subject to disciplinary action.

Participant Signature _____ Date: _____

Parent Signature _____ Date: _____